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■ URBAN PLANNING: Church Hill home rezoning request subject of legislated meeting Sept. 8

Fonthill five-plex plan perplexes neighbours

GREG FURMINGER OMI Agency Niagara

When Dale Smith and his wife Amber Cuthbertson moved into their old home on Church Hill in downtown Fonthill three years ago, they fell in love with the quaint neighbourhood of older homes, stately trees and beau-

tiful gardens. Today they find themselves fighting to prevent a parking lot and related plan to convert

a 1930s-era two-storey home next door into a five-plex. "A five-apartment complex in this neighbourhood does not fit," said Smith. "What

plan would be worse? A group of more than 40 concerned residents met last Tuesday evening to discuss the matter and to talk strategy to prevent it from being approved. Many of them

again met Sunday to talk with the news media. Neighbours were notified Aug. 19 by the town of plans for the property at 6 Church Hill that has a 49-foot frontparking — including residents and visitors using a narrow driveway that abuts Smith's driveway at No. 8 drainage and esthetics. A proposed parking lot would consume about half the prop-

erty, most of the rear yard, in an area now plagued with flooding. "My biggest concern is where will the water go?" said Sandy Witteveen, who annually deals with spring-

time sogginess. "(If this goes through) we're losing everything natural that's drinking that water."

See HOUSE on Page 2

GREG FURMINGER/STAFF PHOTO Dale Smith and wife Amber Cuthbertson, seated on their front porch, are opposed to an application to rezone

the downtown Fonthill home next to them at 6 Church Hill as a five-plex. Neighbours,

including those pictured in the background next to the subject home, share their





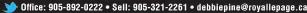
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Fonthill five-plex plan perplexes neighbours

Witteveen, who has lived at 4 Church Hill for 22 years, is also concerned about the amount of garbage a five-plex would produce, and where it

would be contained. "If (councillors) say yes here, it's going to make it easier for the next one who applies," she said.

Because planned units are about 500 square feet, Sandy Fairbairn, who lives at 18 Church Hill, said the proposal is for "a rooming house The property, the former

home of celebrated local artist Yolanda Varga Davis, was purchased this year by Todd Barber, whose Forestgreen Creations Inc. Building and Landscaping designs offices are just steps away on Pelham St. "I said, 'Todd, you're ruin-

ing our neighbourhood just to make a profit," Smith said. Barber on Monday said he's "a little surprised" by the

opposition, noting there's a five-plex on the north side of the street, and that his proposal fits in with Pelham's planning policies developed in recent years.

"The Town of Pelham encourages intensification in downtown Fonthill," he said, citing Pelham's official plan.

"This is the first action." He dismisses arguments that his plan is will de-value the neighbourhood.

"My company only does high-end work, and I'm doing this for my family's long-term investment," said Barber, who won recent Niagara Design Awards for Pelham's town square arches and for an infill build at 1471 Pelham St. that contains four retail units and



three 500-square-foot bach-

elor apartments. Under planning policy, anyone could have bought the property at 6 Church Hill and made similar application. Barber said he wanted to ensure it was done to his standards: "I look at these as opportuni-

ties to do the right thing." He said his plan calls for eight parking spots, instead of five, to alleviate on-street parking issues and that

while he brought a number of options to the table, the municipality favoured a fiveplex model.

"Their (the neighbours') concerns - they're looking for problems, while I'm looking for solutions," he said. indicating stormwater issues

will be managed properly. Two rental units are to occupy the main home, while a 1980s addition with be replaced with a three-unit addition at the rear.

As far as neighbouring Victory Gardens townhome resident Phyllis Paroshy is concerned, Barber's application has already been "rubber stamped."

"The long and short of it," said Cuthbertson, "is we don't have confidence in the planning department at this

She questioned why such a proposal is needed just blocks from the east Fonthill expansion area, which will yield units over the next two dec-

"They're applying intensification here and urban sprawl right over there," Cuthbertson Barber said real growth,

and the quiet maturity of the downtown area in which he now has set his sights on, won't be seen in east Fonthill for years. The same reason they love

to live on Church Hill should be opened to others," he said. A public meeting required by Ontario's Planning Act will take place in town council chambers on Monday, Sept. A report on the proposal to

8, starting 6:30 p.m.

several hundred new housing

The home at 6 Church Hill in downtown Fonthill is proposed to

public this Friday.

Comments received from

the public will be considered

while town staff prepare a

final recommendation report

for a future council meeting.

be converted to a five-plex.

be received for information purposes only and to include remarks from commenting be accepted then. agencies and town depart-

low during the council session. It will be available to the

September for the Rosewood subdivision, for which a recommendation report came forward for the first time Tuesday tonight.

greg furminger@wellandtribune.ca Twitter: @GregAtTheTrib















Wheelchair

THE BIG MOVE

Memory of cancer doctor, volunteer inspires others

OMI Agency Niagara

If there is a circumstance that defined how Marty Samosh approached life, it was at last year's Big Move bike ride to raise money for the Walker Family Samosh, an oncologist, was an avid

cyclist. He took the sport seriously and would not fail to show up for the event. for any reason. It was just too important.

"He had been in a fairly serious cycling accident a few months before," said Dr. Brian Findlay, who was Samosh's friend, colleague and fellow cyclist, "He broke his hip in the accident. He had only just healed, but he showed up to do the 100-km ride anyway.

The ride was more than just a way for Samosh to indulge his passion for And the cause, the cancer centre,

was more than just of professional significance. Samosh had survived lymphoma.

"Having cancer gave him an insight he didn't have before, but it didn't change his practice, which was always rooted in caring for the patients and the best medical practice," Findlay said

Samosh was part of the ride since its inception six years ago. He became so

identified with it, he was featured on the posters advertising the 2012 event. But this year when the ride begins

Sept. 7, he won't be among the riders.
On March 7 at the age of 56, Samosh died. His cancer returned, this time attacking his brain.

His wife, Rosalie Samosh, said the diagnosis was a heavy burden for him because as an oncologist for nearly 30 years, he was more keenly aware than

most about what his prognosis meant. But his dedication to his patients and to the cancer centre has inspired

others to stay involved, she said. Rosalie Samosh will be at the event as a volunteer and Findlay will be part of a team of riders taking part in Mar-

This year, the Big Move cancer ride aims to raise \$400,000 which will be used to purchase equipment for the cancer centre in St. Catharines. As of Aug. 24, participants had raised

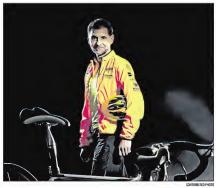
ty's memory.

just shy of \$142,000. Riders can participate individually or on teams. Each rider has to raise a minimum

of \$500 and can complete a 30-, 60- or 100-To register, go online to ofnhs.akaraisin.com and click on The Big Move on

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COMMENT

Niagara Region term report: health and wellness

For QMI Agency Niagara

n past articles I have provided an over-view of the accomplishments of this term of regional council in terms of tax stability. governance and economic development. This article gives the "people" aspect of regional government as it relates to seniors, families and children as well as health and safety.

Seniors in Niagara are served through day programs and long-term care facilities in eight sites. Provincial mandates require only one long-term care facility. The fact that we have eight homes distributed throughout the region has been beneficial to family and caregivers. In fact we have nearly a one to one ratio of volunteers to residents because of the proximity of our homes to loved ones.

In this term we introduced Niagara's first convalescent care program, providing recuperative care to seniors prior to returning home from a hospital stay. We worked with partners to establish the South Niagara Health and Wellness Centre to support seniors at risk of hospitalization. As well,

\$8.6 million was invested to redevelop Deer Park Villa, the region's 39-bed long-term care facility in Grimsby. We achieved the highest level of accreditation for our homes from Accreditation Canada. Programs and services are provided annually to help seniors remain independent and in their homes. Ninetyeight per cent of regional long-term care residents are satisfied with services.

For children and families, we eliminated the wait list for child-care subsidies. enabling more parents to work, go to school or train for jobs. The region provides nearly 3,000 families annually with a child care subsidy. More than 2,000 children and youth were provided access to sports, recreational and cultural programs through the Prokids program in partnership with YMCA of Niagara. We worked with child care and education partners to transition four- and five-year old children into Ontario's full-day

kindergarten program. We introduced a physical health and nutrition program to all child-care operators with preschool-aged children. The M+B 2B (Mom and Babyto-Be) program was launched as a free prenatal mobile device which offers information about planning a pregnancy through to birth. Well Baby Clinics and Parenting Drop-in centres were opened in Niagara Falls, Welland and St.Catharines. providing support and information about baby health

and development. Health and safety promotion are major thrusts for the public health and emergency services departments. More than 100,000 residents are served annually through public health clinics, classes and workshops. Regional contribution to the new hospital and Walker Family Cancer Centre amounted to \$21 million.

We established a Niagara EMS community response unit in Wainfleet, to reduce response times and provide comprehensive paramedicine to residents. The first colocated Niagara Emergency Medical Services and Niagara Regional Police Service facility was opened in Fort Erie.

Online real-time water quality monitoring was introduced for our public beaches. We implemented a water quality management system to provide consumers with high quality drinking water and effectively managed all aspects of water treatment and distribution,

We developed and passed a regionwide smoke-free outdoor spaces by bylaw to protect people from outdoor second-hand smoke. The Mobile Dental Clinic was launched to provide free preventive dental

care to children and youth at their schools. More than one million page views have been seen over the past two years since the introduction of online access to health inspection reports of restaurants, tattoo parlours, hair and nail salons, public pools and

A community-based outreach nursing program has been implemented to address the health concerns of vulnerable residents. A central immunization records system was established to streamline access to data in the event of an outbreak.

These initiatives did not make front page news but collectively add value to the lives of Niagara living up to the slogan of Niagara Region: Building Community. Building Lives

Brian Baty is a regional councillor for Pelham and co-chair of the public health and social services committee. Brian. haty@niagararegion.ca

Shipwrecks -Golfo di Palermo

For QMI Agency Niagara

he Italian freighter Golfo di Palermo was ten years old when it came through the St. Lawrence Seaway for the first time in

The 174.92-metre-long bulk carrier had been built at Leghorn, Italy, in 1960 and could carry 20,876 tons of cargo.

Golfo di Palermo had several owners over the years but always kept the flag of Italy flying on its stern. The ship had the misfortune of being at Basrah, Iraq, during the war between that country and Iran and was damaged in an air attack on Sept. 22. 1980. The crew had abandoned the ship by Sept. 29 leaving it among the many other vessels wrecked by the war. These included a surprising number that had seen Great Lakes service.

When peace was restored. Golfo di Palermo remained idle until an area clean up of bombed out ships resulted in most being sold for scrap. The damaged hull of Golfo di Palermo was prepared for the trip to Alang. India, and it arrived there to be broken up on June 13, 1995.



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COMMUNITY

Food banks feel the heat

OMI Agency Niagara

No matter where you go in Niagara, you're going to hear the same story. The pressure on food banks is rising. Supplies on shelves are thinning, and there is no

sign the situation is going to improve. Community Care in St. Catharines and Thorold, Project SHARE in Niagara Falls and the Hope Centre in Welland all report a recent and dramatic spike in demand as

summer draws to a close. It's not that donations have waned, it's that demand has shot up," said Betty-Lou Souter, CEO of Community Care, "We're

running low on a lot of hasics." She said the drastic spike in demand is not confined to Niagara. It's happening at food banks across the country.

At Project SHARE, the food bank in Niagara Falls, executive director Elaine Pihach said there has been a noticeable increase in the number of families coming in asking for

Normally, we would see about 100 families a day. Now we are seeing around 120," she said. "That definitely has an impact. I was just talking to my warehouse manager about going out to buy more food."

The situation is much the same in Welland, where the Hope Centre's executive director says August has been the busiest month of the summer by far.

Mark Carl said August saw a 16% jump in demand over May, June and July, with an 11% increase in the number of families with young children coming in.

He said summer can be hard on parents

First, having the kids at home means schools aren't providing meals so daily food costs go up. And back-to-school costs can put such a significant dent in a parent's budget, they have no choice but to go to a food bank

Souter said the stresses of a poor economy and back-to-school costs has resulted in basic items like macaroni and cheese. juice and canned soup running out.

Additionally, there has been recent criticism of food banks for stocking up on items like canned soups and other processed foods that typically have higher sugar or salt content than fresh food.

"Some people are saying food banks should only have healthier options. And we do try to get as much healthy food and fresh

produce as we can, but people also need a full stomach," Souter said. She said the food bank is urging farmers to donate some of their homegrown food.

"Most farmers don't know they get a tax break for donating their produce to a food bank," she said. In Niagara Palls, Pihach is also pushing

for more produce, asking residents with gardens to consider bringing food in. She said she has started to see people

who used to be supporters of the food bank coming in as clients

"Thear it a lot now," she said. People are saying, 'I used to donate to you, but now I need your help.' We have more people without work, which means more people who need help but also fewer

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people who can donate."



Volunteers Meredith Lichty and Ted Oakes at the food bank in St. Catharines, where they are running short on staples like canned fish and macaroni.



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ROAD SAFFTY

The new DWI — driving while intexticated

QMI Agency Niagara

It's the new DWI - driving while intexticated. Niagara Region medical officer of health Dr. Valerie Jaeger coined the phrase at a news conference last Wednesday at Niagara Regional Police headquarters in St. Catharines. The media event was put together by the Niagara Regional Road Safety Committee, which as part of

its Think and Drive Campaign is shifting focus to the problem of distracted The committee, with members from the NRP. OPP, Niagara Parks Police. CAA Niagara and Niagara Region's public works and public health departments, noted OPP statistics show 50% of all collisions in Ontario are the result of distracted driving, such as texting or e-mailing while

behind the wheel. "It occurred to me as I was thinking about this today, that this is the new DWI driving while intexticated." Jaeger said.

The focus of the distracted driving campaign is to educate drivers between the ages of 16 and 24, because Statistics Canada data shows they are the age group at the highest risk of dving in vehi-

"Although there is a target to this campaign, I want to emphasize that it is everybody's business," Jaeger said, adding a recent survey of youths in the United States revealed 15% of them witnessed a parent texting while driving

She said there were 78 deaths in the province last vear attributed to distracted

driving. "And distracted driving is a factor in about 50% of all collisions," she said. The committee aims to

shine a light on the perils of distracted driving via education and advocacy campaigns, while police will law in which the penalty for distracted driving is set to

Transportation Minister Steven Del Duca said he is moving forward with plans to increase the fine to a maximum \$1,000 - double the current max of \$500 and three demerit points. NRP Chief Jeff McGuire

said the service is "embarking on a period of increased heightened awareness, education and enforcement to combat distracted driving offences on our roadways Since the introduction of distracted driving legisla-

tion in 2009, McGuire said, police have maintained efforts to not only enforce the law but also educate the public on the danger of using cellphones or other forms of distraction while driving. The message has been

delivered and repeated over

and over again, but it's quite clear ... the message is not being heard, or it's being

Expect extra enforcement on the long weekend, McGuire said.

"We're going to be doing a little bit more to help distract your driving this weekend, because if we find you driving and you're using your cellphone, we're going to distract you with some enforcement."

OPP Niagara detachment commander Staff Sgt. Jan Idzenga noted the 78 fatalities in 2013 attributed to distracted driving surpassed those that were alcohol related (57) and speed related (44) CAA Niagara spokesman

Rick Mauro put a dollar figure to a conviction for distracted driving.

Mauro said he was told by

CAA home and auto insurance peers that an 18-year-

old driver with a clean driving record who has a fouryear-old compact car can expect to pay approximately \$1,500 more per year in premiums after a distracted

driving conviction. "And that's based on the current consideration of distracted driving being what is seen in the insurance world as a minor offence," he said. "Should distracted driving, as we are anticipating, become a major offence, the financial consequences are

much, much worse," He said premiums for that same 18-year-old would go up 40% to 78%. "To put that into dollars and cents, that's anywhere

from \$3,400 a year to \$6,500 "I would say that no text. tweet or e-mail has that kind of value.

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COMMUNITY EVENTS & NEWS

Pelham Farmers' Market – May 1 until October 30 – Pelham Town Square – August 28 Market Bucks Winner: Barb Connell Come out and meet your local market vendors and purchase food that is fresh, high in quality and the next best thing to harvesting it yourself. Every Thursday from May 1 to October 30. 4:300m till dusk.



Pelham Votes on October 27, 2014! Are you on the voters' list? Check to make sure you are by visiting pelham.ca/2014-election or stop by our booth at the Pelham Farmers' Market on Thursday Nights.

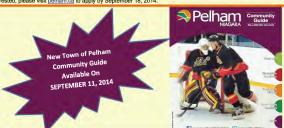
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CALL FOR MEMBERS - CHRISTMAS IN PELHAM COMMITTEE

The Town of Pelham is seeking two applicants to join the new Christmas in Pelham Committee, whose mandate is to help organize and develop an annual multiple-day celebration in the Town of Pelham during the Christmas holidays.

If interested, please visit pelham.ca to apply by September 18, 2014.



■ DINING INVASION: Niagara chef revamps businesses for Cottage Life show

Adding spice to kitchen fare

OMI Agency Niagara

Victor Barry may be a mildmannered chef from Niagaraon-the-Lake, but a poorly run kitchen can make him boil over The co-host of Cottage Life's new series Dinning Innvasion,

premiering Friday, saw plenty that frustrated him while taning the show's 13 episodes, from cooks who didn't know the basics to chefs who resented him being there. The show sends Barry and

event planner Rebecca Wise to various struggling resorts and inns — he handles the menu while she spruces up the place. Unlike the angry tirades of Bar Rescue's Jon Taffer, Barry kept his cool on camera despite what "When you walk into a place

and the head chef has never bro-

WHO: Victor Barry WHAT: Dining Innvasion WHEN: Friday, 10 p.m. CHANNEL: Cottage Life

ken down a chicken before, like, come on man," says Barry, who owns the posh Splendido restau-rant in Toronto. "You've got to be kidding me."

If that wasn't enough, at the same resort Barry got the impression from the chef he wasn't needed. Which baffles him because he's there to help a

struggling business. "He just was not receptive at all," he says. "He might have looked a little receptive on television, but when all was said and done, he didn't listen to a damn thing I said."

And that's just the first epi-

From tired menus to dated atmosphere, Barry and Wise bring their big city expertise to what are often old-fashioned, family owned resorts. Most are in financial trouble, struggling to keep up with the changing hos-

pitality industry. Barry has seen both ends of the food spectrum, starting out at his uncle's Volcano pizzeria in Niagara Falls before he even started high school -"basically just to keep me out of trouble?

There he learned the basics of food preparation and customer service From there, he went to the

Prince of Wales Hotel in Niagara-on-the-Lake as a high school co-on student, eventually being hired by executive chef Lee Parsons. "I was a sponge at that point

because I didn't know anything, so anything I could learn about any kind of food, I took in," he says. "I asked so many questions. I'm sure everyone hated me because i was like, 'What's this? What's this?

Parsons showed the commitment required to run a kitchen - Barry would show up at 8 a.m. for the dinner shift, and Parsons would already be there.

"Hard work, discipline, and a really solid foundation for my career ahead of me," he says. "I couldn't have asked for a better place to start." After two years as Chef de

Partie at England's Gidleigh Park Hotel, Barry was asked to join the kitchen at Splendido, which he co-purchased in 2009, and became sole owner of in

"What's difficult in the restauonly a chef, but a businessman,



Former Niagara-on-the-Lake chef Victor Barry co-stars on the new Cottage Life series Dining Innvasion, premiering Sept. 5.

rant scene is keeping yourself a mentor, a good manager and relevant," he says, "You open a leader." new restaurant in Toronto, and you're good, you're going to be a sous chef in charge of the busy for 18 months. Just open the doors and people will come. But after that, it gets hard. "You learn how to be not

To film the show, Barry left kitchen. "It cost me more money than I made on the show."

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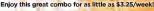












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MUSIC: Annual Parkinson's fundraiser

Cafferty returns to headline Light of Day 8

OMI Agency Niagara This year's Light of Day

Niagara show is going to have an '80s all-star feel. The annual fundraiser for Parkinson's Disease will he headlined by returning favourites John Cafferty & The Beaver Brown Band. and he'll be joined by former Romantics singer Wally Palmar and Alex

Ligertwood of Santana. The line-up, announced Monday by organizer Dave Botella, also includes Jason Heath & the Greedy Souls, Bobby Mahoney & the Seventh Son, and - tentatively - Paul Langlois of the Tragically Hip.

Light of Day regulars Joe Grushecky and Joe D'Urso will be returning as well.

"This year's lineup could be the best show we've put together in the eight years of organizing Light of Day Niagara," says Rotella, "It will be a fantastic evening of great music and Parkinson's awareness."

The show takes place Nov. 7 at the Greg Frewin Theatre, Additional shows take place Nov. 6 at the Hard Rock Cafe in Toronto. and Nov. 8 at the BluMartini

in Kingston. Securing a headliner is always a challenge for Rotella, but he knew fans

would welcome back Cafferty, who played a memorable set at the 2011 show. "I've stayed in touch with John over the past few years and we have always talked about bringing the band back to perform after

their amazing set they did back in 2011." he says. Rotella saw Cafferty play

a private show a couple of months ago in which he invited musicians from .38 Special, Journey and Pablo few guests and John, as Cruise to join him. "It was there we got the

always, went above and beyond to gather up a few friends.

Fans will remember Palmar from another starstudded concert - he was part of Ringo Starr's

idea to see if he'd bring a







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Richard Brown

All-Starr Band when they

played Niagara Fallsview

as Canada's answer to the

popular Parkinson's fund-

raiser in New Jersey, which

most years sees Bruce

Springsteen perform. The

nearly \$200,000 over their

first six years.

first year.

Niagara shows have raised

The Niagara shows have

seen performances by

Southside Johnny, Willie

Nile and Gary U.S. Bonds.

Ron Sexsmith played the

John Cafferty and The Beaver

Niagara concert in November.

Brown Band return for the

eighth annual Light of Day

SPECIAL TO NIAGARA FALLS REVIEW

Rotella started the show with friend Mike Minervini

Casino Resort in 2010.

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rbrown@royallepage.ca www.homesniagara.com 637 Niagara St., Unit #2 Welland, Ontario "Selling Throughout Niagara"

> WHAT: Light of Day Niagara 8 WHEN: Nov. 7

WHERE: Greg Frewin Theatre, 5781 Ellen Ave., Niagara Falls TICKETS: \$20 to \$60 www.lightofdaycanada.

"I have stood on stage with some of my musical heroes and it truly amazes me, their selflessness and generosity," says Rotella. "When this horrible disease is finally eradicated, it will feel good to know that myself and the entire community of Niagara were able to play a small part in that victory."

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Team Canada shoots for new goal

BILL SAWCHUK

OMI Agency Niagara For those who didn't live through it,

AARON BOGGIO

P Ph R S- PHM

10

it's hard to imagine the impact of the Summit Series between Canada and the Soviet Union in 1972.

The nation was transfixed by the

hockey games, which ended with Paul heard of it from your parents," said Henderson scoring the series-winning goal with 34 seconds left in Game 8 in Moscow. That goal is often listed among the top 10 defining moments in Cana-

"If you are under 40, you might have

RON PARTON

Pat Stapleton, a member of the team and a former St. Catharines junior A hockey player

"This group has to take hold of our brand and pass it on. The best way to do that is through edu-

cation. We want to capture the memories and pass them on." Stapleton was joined by former Team Canada teammate and

Hockey Hall of Famer Brad Park at the Holiday Inn Parkway Conference Centre last week to launch the Team Canada 72 National Legacy Project. Brock University, Canada's

Sports Hall of Fame and Hockey Canada are partners in the forprofit corporation that will also enefit charities "We need to revisit it." said

Barry Wright of the Goodman School of Business at Brock Uni-"As Canadians, we have so few

legacy things to hang onto ... and this is one of them. It is a chance to retell the story of the team, the players and many things that happened around that team

PERGIE JENKINS

AND MANY MOREI

BERT CAMPANERIS

See SUMMIT SERIES on Page 11 F1rstOntario



Funding available to farmers

The species-at-risk farm incentive program is once again available to farmers to protect habitat for critters or fauna deemed to be at risk of extinction

The program provides cost-sharing to farmers for on-farm investments aimed at protecting species at risk, such as planting windbreaks, setting up rotational grazing, fencing livestock out of sensitive areas and establishing buffers along watercourses

The program, which receives funding from Environment Canada and the provincial Ministry of Natural Resources. is administered by the Ontario Soil and Crop Improvement

Association.

The program is available provincewide. Up to \$20,000 is available to farmers fo projects on land in which live species at risk. However, up to 50% cost-share funding is available to farmers for projects such as fencing and windbreaks without a focus on

species at risk. Projects initiated on or after April 1 may be eligible.

Species deemed at risk in Niagara include the Jefferson salamander. Fowler's toad. woodland vole, barn swallow and bobolink

For more information on the program, go online at www.ontariosoilcrop.org call the Ontario Soil and Crop Improvement Association at 226-979-2465.

www.pelhamnews.ca

Pharmacists SCOOTER SAFETY

Mobility scooters offer the ability to travel great distances that are not usually within walking distance. They can help you move around your home, neighbourhood and inside stores. However they can be dangerous if not used safely.

Follow these tips before you head out so you can get safely from home to your destination. Read the instruction manual upon purchase so you know the safety features and controls on your new scooter. Read the tips that are given for navigating bumps, curves and uneven ground. Some heavy duty scooters are designed for rough terrain. Learning to drive your scooter in a safe area such as a parking lot or driveway is always recommended to learn how your scooter manoeuvers in all weather. Having confidence will make it a safer experience for you and others around you.

Some basic scooter tips include: . Use sidewalks whenever possible. If no sidewalks exist, travel on the far left

side of the road facing traffic. Cross at pedestrian crosswalks. Check for traffic before crossing.

. Make "eye contact "with motorists or pedestrians before crossing to make sure

they are stopping. . Obey all traffic control signs and devices.

. Slow down when travelling around pedestrians and avoid travelling too closely.

. Keep to the right on sidewalks and avoid honking your horn. . Drive your scooter straight at a ramp. Most scooters have anti tip wheels to

keep them from tipping when doing angled manoeuvres. . Your scooter should have a safety flag, reflectors and lights in the front and

back so you can be seen at all times.

. Wearing a reflective safety vest is also a good idea and is essential if you have to travel at night.

. Carry a cell phone and have your emergency contact information taped onto

your scooter so it is easy to find. For more information on scooters please visit or call one of our four Boggio Family of Pharmacies Home Health Care locations. Our dedicated and knowledgeable staff will be happy to help you with any questions you might have in purchasing your

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ANDRE DAWSON

PIERRE PILOTE

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SUMMNIT SERIES



Brad Park and Pat Stapleton, both defencemen on the legendary Team Canada 1972, were joined via conference call by several teammates from the Summit Series for the announcement of a national legacy project in St. Catharines on Wednesday.

Team Canada shoots for new goal

The project gets underway Oct. 2 with a banquet at the Holiday Inn. Tickets cost \$225. A table of eight with a Team Canada member is \$3,000. A team website is expected to be launched soon. A portion of the proceeds will be donated to Niagara Children's

"We are going to reach out to the business community to work with run, there will be a number of functions and charities that will benefit. It's our way of giving back. We can get together and make ourselves available and do some positive things." The players are calling it the 28,800 Project, for the total seconds Team Canada 1972 played

over eight games. "In 1972, I was only 24 years old," Park sald, "I was like a young

remember going to all-star games and the players wouldn't even talk to each other. It was a real experience to get into the dressing room and learn what they were like.

*We made a commitment to each other and that commitment lasts to this day. What we did was special, though we didn't plan on it being special. We didn't know how dramatic it was going to be."

£95



Niagara woman a **Bachelor contestant**

QMI Agency Niagara A St. Catharines personal support worker has been chosen as one of 25 contestants on TV's The Bachelor Canada. The 31-year-old woman, who goes

by the name Sarah, is competing for the heart of Tim Warmels, 28, an entrepreneur and Richard Ivey School of Business graduate. Her bio lists her best attributes as loyal, honest and non-

judgmental. She wants to open her own studio to teach pole dancing and yoga She's up against an ER doctor, lingerie model, personal trainer and realtor, among others. The 10-episode reality series begins airing Sept. 18 on CityTV.



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10:00am - Half-Marathon Run/Walk Start Marathon Start

tion or mumber metern on Para Day





MUSIC

Robin Banks brings Fonthill bandshell season to a close

OMI Agency Niagara The summer concert series at the Fonthill bandshell

a performance by Miss Robin Banks.

strength and clarity that has been compared to Etta James risma and boldness of Tina Turner.

The Canadian-born singer is a diverse, international artist comfortable with jazz, classic R&B, soul and even reggae. She's often lauded for her captivating live performance, her confident ability to connect and affect each member of her audience, her sincerity and certainly her authenticity. Robin Banks has per-

She has 4released four independent CDs and makes regular tours to Europe and the Caribbean, but recently made Toronto, Canada her

Banks' Sept. 4 performance at the bandshell in Pelham's Peace Park starts at 7 p.m. Admission is free, but donations are accepted. For more information, visit www.







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BUSINESS: But other opinions split over findings in report by C.D. Howe Institute

Wine council backs call for private stores

KARENA WALTER QMI Agency Niagara

A recent report calling for Ontario to "level the playing field" by allowing new private wine stores is being praised by the body representing close to 70 Niagara wineries.

Wine Council of Ontario has been a vocal proponent of private wine shops and launched a campaign in May to bring awareness to the leens

"We just can't understand why the government isn't rushing to this model," said Allan Schmidt, chair of Wine Council of Ontario. which runs the PairsPerfectly.com

campaign. "It will make more money, it will expand Ontario wineries, it will create more jobs and the LCBO

will actually increase their sales." The C.D. Howe report Uncorking a Strange Brew: The Need for More Competition in Ontario's Alcoholic Beverage Retailing System, released last month says the current liquor sales system suffers from "various inefficiencies" and disadvantages for consumers.

"The quasi-monopoly enjoyed

Store) imposes excessive costs on consumers, restricts their menu of choices and limits the accessibility of stores retailing alcohol," the report says. "In addition, it imposes distor-

tions on small domestic breweries and wineries and puts them at a competitive disadvantage relative to a few large Canadian and foreign producers."

Among recommendations in the report by Paul R. Masson and Anindva Sen is that the province sell licences to operate private offwinery stores.

The report also recommends allowing grocery and convenience stores to sell beer and wine, which is not supported by the wine council, and opening up beer retailing by licensing other retail stores.

Currently, the majority of offwinery stores - such as those in grocery stores — are operated by the two largest Canadian winemakers. Constellation Brands runs more than 160 Wine Back stores and Andrew Peller Ltd. has 100 Wine Shop outlets.

Those stores were grandfa-

by the LCBO and TBS (The Beer thered in after the 1987 Free Trade Agreement with the U.S. Since that time, Ontario put a moratorium on stores and new winemakers can only sell product in the LCBO or at

their wineries "It really disadvantages any VQA winery that's opened up in the last 25 years," said Schmidt, who is president of Vineland Estates Win-

The Ontario Wine Council has called for a network of privatelyrun wine shops that would be customers of the LBCO's wholesale distribution arm. The 700 private stores would sell domestic and imported wine.

The model is similar to that in British Columbia, where Schmidt said the wine industry has boomed since the provincial government took a similar step.

He said in B.C., the wholesale division of the province's LCBOequivalent has outpaced the retail division of its own stores Schmidt said the B.C. govern-

ment is making \$200 profit per capita in sales compared to \$121 per capita in Ontario. "That's all the money the gov-

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ernment is leaving on the table. We're talking about hundreds of millions of dollars." Schmidt said.

But Patrick Gedge, president of the Winery and Grower Alliance of Ontario, said between the LCBO's 640 stores and the agency stores, it's difficult to identify where there would be under-serviced areas in the province that wouldn't cannibalize existing sales.

"Why invest the energy and the dollars and the risk of setting up small networks that cannibalize what exists today when you can focus your energy on leveraging a pretty massive network that is there?" he

The stance of the alliance - which represents Constellation Brands and Andrew Peller Ltd. - is that the best way to increase sales of Ontario wine and grapes is to leverage that LCBO distribution net-

Gedge said those companies don't look at other wineries in the province as the competition, but the imports taking up

At the LCBO, 70% of sales are imports

and 30% are Ontario wine, he said.

"Our goal is to, quite frankly, convert imported wine drinkers who have 70% of the marketplace and bring them over to Ontario wine. If we can work at converting those people, they'll be enough business for all of the wineries," he said.

Gedge said he's never seen a business case that can objectively quantify that private systems would have significant benefits to the industry.

But Schmidt said one only has to look at B.C., where he said sales increased with The problem, Schmidt said, is the LCBO

doesn't physically have the space on its shelves for all Ontario wines. For every new wine it introduces, another one has to go. Of the 3,000 or so

VQA wines available in the province at any time, only 10 to 15% are listed with the "They're trying hard," Schmidt said of the LCBO. "It's an impossible task,

though."





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(ACROSS FROM SOBEY'S)

EARLY SCREENING: Public health agency wants to catch disease before it's too late

Cancer fighter uses crackers, chocolate to spread her message

CHERYL CLOCK OMI Agency Niagara

The two big marshmallows are the breasts. The pink cupcake icing, applied with a pressurized squirt to the centre of each marshmallow, are the nipples. And the two square crackers better known for their popularity around the campfire, sandwich it all together. The result: a Mammo-gra-

Yes, it might look like a s'more, but instead of inspiring sing-song it's being used to

encourage women to talk about mammograms, a screening for breast cancer. Front and centre is Lara Lorge. She is part of the project now being funded by Niagara

Region Public Health to promote screenings for breast, cervical and colon cancer in lowincome neighbourhoods. It's called CASTLE, and Lara is its community health broker. For more than a year, she's

been building relationships in three Niagara neighbourhoods

Buckley Towers in Niagara Falls and McLaughlin St. in Welland.

The idea is to help people before they get sick. To give people accurate information, and let them make an informed choice about their health, she says,

Data from Cancer Care Ontario shows fewer than 25% of Ontario women living in lowincome communities are up to date on their breast and cervix cancer screenings.

The difference between low and higher-income communities for breast cancer screening is 11% and for Pap test, a screening for cervical cancer, 14%. These stats have remained rela-

tively unchanged since 2009. So on this night, Lara has invited women from a Rykert St. townhouse complex owned by Niagara Regional Housing to the Community House, a gathering place tucked into the heart of the neighbourhood.

See CANCER on Page 15



CASTLE community health broker Lara Lorge (third from left) has come up with creative, non-traditional ways to promote screening for breast, cervical and colon cancers. From left: Tammy Mitchell, Jodi Summers, Joan Sharp, Melissa Kerton and Amy McLaughlin.





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WINTER PROGRAM REGISTRATION

August 26th • 6-8 pm - Pelham Arena, 1120 Haist St, Fonthill September 13th • 10-2 pm - Wellness Centre at 145 Lincoln St, Welland September 20th • 12-2 pm - Port Colborne arena (Vale Center) 550 Elizabeth St., Port Colborne

Informal registration available at the Welland Youth Arena, Pelham & Port Colborne Arens during skating hours, See the schedule on the website for times

CANCER

Cancer fighter uses crackers, chocolate to spread her message

From Page 14

Lara has set up tables. As the women step into the room, there is great speculation about the evening's events.

Lara is known for her creativity that educates without imposing. And for her humour that starts conversations and takes fear out of scary subjects

She gets peers talking to peers. Neighbours talking to At a session a few weeks

back, Lara put individually wrapped rolls of toilet paper at each place setting, each topped with an Oh Henry! bar. That led into a talk about the FOBT, a fecal screening test for

colon cancer. Chocolate pudding was also involved. But on this night, she begins with a smile, a picture of a finished Mammo-graham and a

challenge: "This is what we're making. Aren't you glad you The women laugh. Indeed,

there will be a lot of laughter tonight They'll laugh at their misshapen, squished marshmallows. Their enlarged blobs of pink icing. They'll compare sizes. Shapes. And they'll be

entirely silly about a serious And that's the point. They'll laugh — and talk — about a

disease that has scared many of them in their lives. This year was the first time 37-year-old Melissa Kerton was in the Rankin Cancer Run. Her mother died in 2012 of cancer; so did her grandfather. Her mother's mom died when

Melissa was four years old. So she figured it was time to start having breast exams. She goes to her doctor every year.

Iodi Summers talks about the lump she found in her breast a few years back. Turns out, it was just a cyst. "That really scared

me," she tells the other women. After the session, 45-year-old Tammy Mitchell talks about not knowing her medical history. Her mother, who died at 54, was adopted. And she's been told her father, whom she doesn't know, was adopted too.

She remembers watching a talk show about the importance of mammograms when she was 40. That prompted her to go to her doctor. And Amy McLaughlin, 35.

talks about her mom's mom who died of breast cancer in 2013. She's learned to look after her own health. "I trust my own self," she says. "Trusting my own self has served me well over the years." Near the end of the session. Lara hands out cards that

many barriers people face to getting good health care. Other barriers include poor nutrition — people don't know how to cook healthy on a shoe-

explain what a mammogram is

the CASTLE program uses sim-

ple language. Pamphlets come

with clear step-by-step dia-

Poor literacy skills is one of

Information developed by

and how to get one

string budget. Lack of access to medical care — maybe they don't have a permanent doctor, or transportation to get there. The working poor might be so exhausted, or a couple might never see each other due to working opposite shifts, so it's difficult to talk about living healthy.

A family might live in precarious housing. "You don't have time to worry about anything else when you're worried about having a roof over your head," says Lara. In essence, it's about "living

lives, plugging holes," she says. Simply put, people can't prioritize when everything in their life is a crisis that needs immediate attention.

A few doors down from the Community House, 54-year-old Brian Smith lives with his dog, Tank. He's somewhat of the poster guy for cancer screening. He's on the front cover of a calendar CASTLE produced to encourage people to ask: "Who will you do it for?" He'll talk to anyone, any-

where about cancer screening. This is a guy who has talked about having a mammogram - he found a lump near his breast that turned out to be just fatty tissue - and colonoscopy. to his buddies at a local pool

For more information about the CASTLE project visit castlenow.ca "I've been through a cou-

ple health scares in my life," he The reasons men avoid doctors is complicated but most

> pride - "I'm a man and I'm tough," says Brian. He leaves guys with this thought: "10 minutes of embarrassment or six feet under." Meanwhile, Lara's next challenge is to brainstorm a session to promote the Pap test. a screening for cervical can-

often boils down to one word:

cer. Of course, it would have to be delivered with the same panache as the Mammo-gra-"I'm working on it," she says.

smiling. She has one idea. It might involve a doughnut. cheryl.clock@sunmedia.ca



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Canal canoe rentals continue in September

The Welland Recreational Canal canoe rental program will continue on weekends in September.

People of all ages are encouraged to paddle in a tandem kayak, pedal boat, kayak, canoe or try standup paddleboarding from the PenFinancial Credit Union Flatwater Community Centre. Due to popular demand, the program will be open the first hree weekends of September

from 11 a.m. to dusk, Welland Recreational Canal Corp. said in a news release. There will continue to be free

rentals to all youths aged 16 and younger.

The Welland Canoe Rental Program caters to individuals looking to spend the day under the sun or to larger groups for a family outing, birthday party, social event or team-building

More than 2,200 local individuals have used the rental program this season. Single kayak and pedal boat rentals start at \$12 for the first hour, with additional half-hours costing \$5. Tandem kayaks canoes and standup paddle boards are \$18 for the first hour, with additional half-hours costing \$9

Training tank receives \$100K for programming The provincial government is sending a wave of funding into

the Rose City. Welland Recreational Canal Corp. announced last week the Ministry of Tourism, Culture and Sport has awarded \$100.000 to the Welland Indoor Paddle Tank Program over the next two years.

The money, invested through the Ontario Sport and Recreation Communities Fund, will provide support for tank equipment and staffing for various community programming initiatives. It will also provide for strength and conditioning equipment for the designated gym area to further improve the training venue.

The indoor training tank, unveiled in April at the Welland International Flatwater Centre, allows athletes to hone their skills on the water year-round. Programming for the tank, which is designed for dragon boat, rowing, canoe sprint and kavak sprint, will begin on Oct.



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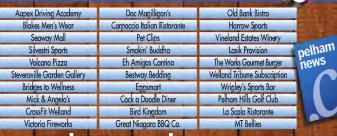
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Pelham Minor Hockey Association holds its second annual euipment trunk sale and swap, at Pelham Arena parking lot, 9 a.m. to noon For information or to reserve a parking spot, contact Paul Wilson at thefivewilsons@sympatico.ca or at

SEPTEMBER 15

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STRATEGIES FOR AUTISM Join Wendy Arscott, RSSW, BEd. MEd, in looking at ways caregivers can alleviate situations with relative ease and simplicity. Wendy is a counsellor, consultant and trainer with more than 20 years of experience. Takes place at Pelham Public Library, 7:30 p.m. to 8:30. p.m.; cost \$3. Register at 905-892-

SEPTEMBER 16

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SEPTEMBER 17

AUTHOR READING

Cost \$10. Register at 905-892-6443.

Terry Fallis returns to Pelham Public Library to read from No Relation. his fourth novel. Fallis's sharp, funny wit takes readers into the world of identity, inheritance and belonging, begging the question: What's in a name? He's the winner of Canada Reads and the Stephen Leacock Award for Humour, Starts 7:30 p.m.; cost \$10. Purchase tickets ahead:

www.pelhamlibrary.on.ca or 905-**SEPTEMBER 21**

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SPECIAL SPAN EVENT Single Person Association of Niagara hosts a meet and greet members and tells newcomers find out what SPAN is about, 1 p.m. to 4 p.m. at Big Marco's, Fourth Ave, and Vansickle Rd., St. Cathorinae Snarke amylded,

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training at Employment Solutions,

CLOTHING SALE

All sizes and styles, retro. accessories, bedding, curtains and more, at Pelham Public Library until Saturday, Sept. 27, when you can fill a garbage bag for \$5. Donations accepted all year. Proceeds to the library.

SEPTEMBER 25

FIRST AID/CPR/AFD

instruction, and on Sept. 26, at Employment Solutions, 3 East Main St., Welland, 9 a.m. to 4:15 p.m. Call 905-788-3751 or e-mail reception@ employment-solutions.org.

SEPTEMBER 27 PELHAM HIGH REUNION

1 p.m. to 5 p.m. at Lipa Park, 2850 Oille Rd., North Pelham, If you were a student, staff or support staff member of the former Pelham High School in Fenwick, please join us. Cost \$10. Registration begins at 12:30 p.m. For more info call 905-892-7090 or e-mail pelhamhighreunion8@gmail.com.

OCTOBER 4

BOOK SALE The University Women's Club 45th annual book sale is at the Niagara Regional Exhibition grounds, 1100 Niagara St., Welland, 9 a.m. to 3 p.m. Proceeds are used to award scholarships to eight local young women who will be continuing studies at university this year. Donations of newer items in excellent condition are welcomed: books, magazines, CDs, DVDs, games and puzzles. Call Beth Jeffery at 905-835-2291 or e-mail uwcbooksale@yahoo.com for more information

ONGOING SECOND CAREER

information sessions at Employment Solutions 3 Fast Main St. Welland on Fridays 10 a.m. to 11 a.m. Call 905-788-3751 or e-mail reception@ employment-solutions.org to reserve a spot.

ST. ANN'S BINGO

runs in Fenwick Tuesday nights starting at 7, from Sept. 9 to Dec. 9. 834 Canboro Rd. Chance to win \$100. Wheelchair accessible. For information call 905-892-6123. Also runs late January to first week of

ONTARIO SEI F EMPLOYMENT

Benefit Program has free information sessions: Aug. 21, 2 p.m. at Job Gym, 905-732-7655; Aug. 28, 2 p.m., at Port Cares, 905-834-3629 Sign up to learn more about how this program can help you with starting your own business.

SCRAPPY DROP IN

Work on your latest cardmaking. stamping, papercraft or scrapbooking project. A swap table will be set out each Monday at Pelham Public Library from 10:30 a.m. to 12:30. Cost \$2

FREE ART WORKSHOPS

Held by In the Orchard Programming for the Arts, Free Art2 Workshops every Thursday for ages 13+ (sponsored by the Ministry of Tourism and Culture), Where: The Happy Place Art Studio, 1433 Pelham

ROSE CITY TOASTMASTERS

Have fun and improve your communication skills, for free at any or all of the Rose City Toastmasters summer meetings: July 10 23 and Aug. 7 and 20, 7 p.m. to 9 p.m. in the Lower Community Room of Welland Arena, 501 King St., Welland. Visit welland.toastmastersclubs.org.

(Single Person Association of Niagara) is a social club since 1982 for mature singles who meet and mingle at Iggy's Pub, 115 Hwy. 20, Fonthill, every Tuesday from 6 p.m. to 8 p.m. Offers members a monthly calendar of social activities. Further information, call Lynie at 905-788-0359.

REGINNER BRIDGE

Learn as you play, at Pelham Public Library. Ed Hills, a certified instructor with the ACBL and ABTA. will walk you through your first steps. Mondays Aug. 11, 25 from 10 a.m. to noon. Free. Register ahead at www. pelhamlibrary.on.ca or 905-892-

INFERTILITY SUPPORT GROUP

Niagara meetings are held the first Wednesday of each month at 6:30 p.m. for anyone experiencing primary infertility. Call or text 289-821-4606 or e-mail infertilitynjagara@hotmail.com for location or more information.

WELLAND RIVER KEEPERS

meets the third Tuesday of every month at Niagara Peninsula Conservation Authority office, 250 Thorold Rd. W., Welland, third floor, 7 p.m. More info. 905-735-9861.

DROP-IN BRIDGE

Wednesday at Pelham library, 1 p.m. to 3 p.m. Come alone or with a friend, Refreshments, Call ahead for the schedule at 905-892-6443 Cost \$1

FIBROMYALGIA MEETING

Every second Tuesday through June at Rapelie Lodge, Plymouth Rd. Welland, More info, Vicki 905-384-2294. Support, understanding and open discussions.

TGIF CRAFT AFTERNOON

The popular "yarn exchange" at Pelham Public Library has been expanded to include all kinds of crafts. Bring your yarn, needles, hooks; scrapbooking, stamping and beading supplies; fabric, etc. and trade for something you can use. All leftovers will be used for library programs or donated to a non-profit. Runs 1 p.m. to 3:30 p.m. Cost \$2.

WOMEN'S INSTITUTE

The Fonthill-Singer's Corners branch of the Women's Institute is looking for new members. We meet on the first Wednesday of the month, 1:30 p.m. to 4 p.m. If you would like to eniov the fellowship and events call 905-892-6891 for more information.

A CAPPELLA NIAGARA

Men's Chorus invites singers for fun. fellowship and fabulous four-part harmony at Welland Community Wellness Complex, 145 Lincoln St., Tuesdays, 6:30 p.m. For information call Kerry at 289-820-6584.



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20 PELHAM NEWS THURSDAY, SEPTEMBER 4, 2014



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